



ST. ANDRÉ BESSETTE
CATHOLIC SCHOOL
— Put Yourself in God's Hands —



ELK ISLAND
CATHOLIC SCHOOLS
Seeing Christ in Everyone

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A MESSAGE FROM THE PRINCIPAL

Welcome to St. André Bessette Catholic School, where students come first. We are thrilled you have chosen to become part of our Catholic learning community. At St. André Bessette, we continue to build on a long legacy of providing a caring, Catholic climate where staff are committed to assisting students to become the best they can be.

St. André Bessette Catholic School is a new, state-of-the-art facility that helps to make our school a leader in both programming and learning. St. André offers a broad-base of programs including a strong fine arts program including Art, Drama, and music programs, a wide variety of CTS programs including Cosmetology, Broadcasting, Fabrication, Robotics and Programming, Personal Fitness, Digital Design, Photography, and Foods, being run out of our purpose-built spaces. Additionally, we offer other options such as French, Fashion Studies, Peer Mentoring, and others to suit all learning interests. In addition, we have very successful RAP and Work Experience programs that aid our students in transferring to life after high school.

We also have extensive extra-curricular programming. As we are part of the Edmonton Metro League, our students compete in the greater Edmonton region in athletics. We offer opportunities to travel including trips through our Leadership club, our faith club, an annual Europe trip, a Japanese exchange program, and ski club. We have an active Leadership program that is very involved in the school and offers the opportunity to be involved in several leadership development activities and excursions. We run several other clubs depending on student interest as well as intramural sports. We encourage students to be involved in as many things as possible to get the most out of their high school experience!

My hope is that your time at St. André Bessette is rich and rewarding and that God blesses you and your journey through high school.

Steve Tymko, Principal

Through our faith, we inspire, challenge, and empower.



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OUR LOGO

St. André Bessette, the man, was a member of the Congregation of the Holy Cross. One of their main symbols is the red door used as a sign of communicating to others what the building was. As St. André was the doorkeeper, the person who invited and welcomed people in, it is fitting to have red doors represented as the focal point of our logo. When people went to St. André to seek healing, the doors he stood in weren't only physical doors, but spiritual doors as well. One of St. André's most famous quotes is, "Put yourself in God's hands; he abandons no one." From this quote came the supportive hands at the base of the logo and our motto. Lastly, the logo is made up of our school colours, red, black, and white.

WHY CHOOSE ST. ANDRÉ BESSETTE?

ST. ANDRÉ BESSETTE OFFERS YOU...

- Warm, caring, Catholic environment
- State of the art learning facility
- Leading edge technology
- Leadership skills and opportunities
- Dynamic and energetic staff
- Retreats to build a stronger community
- Personal contact - every student matters
- Academic, personal, and faith-based counselling



DIVERSE LEARNING OPPORTUNITIES...

- More than 20 different option courses to choose from
- Choices in learning and teaching formats
- Distance learning to supplement program
- RAP and Work Experience programs
- Peer mentorship
- Community volunteerism
- Flexible learning environment
- Strong community partnerships

BUILDING ON PROUD TRADITIONS...

- Academic excellence
- Competitive teams
- Faith formation
- Service learning for all
- Vibrant student leadership
- Second language learning
- Great extra-curricular experiences
- Positive inclusive learning environment



OPPORTUNITIES TO GET INVOLVED IN...

- Athletics
- Grad committee
- Student leadership
- Drama club and Musical Theatre
- Retreats
- Yearbook
- Ski trip
- Europe trip
- Japanese exchange...

REGISTRATION PROCEDURES

- Pre-registration begins in March when our school administration and counsellor meet with grade 8 students.
- Students entering St. André Bessette from outside our system must meet with the principal to register.
- All students should discuss their program with their parents and school administration or counsellor to ensure their program meets their needs.
- Every effort will be made to accommodate student program and course requests.
- Where space or resources are limited, registrations will be made on a first-come, first-served basis.
- Students finding it necessary to revise their registration because of a change in educational plans or failure of a pre-requisite course must see the counsellor or administration before or during the first week of the semester.
- All course offerings are subject to sufficient enrollment in the class.
- For all course fee information, please see our website at sab.eics.ab.ca

STUDENT SERVICES

The philosophy at St. André Bessette is to meet the needs of all students and assist them to develop mentally, physically, socially, and spiritually in a Catholic community living the Gospel value of "Everyone Belongs." In our school we follow an inclusive model where all students participate in the classroom and broader school setting. We strive to provide a caring, supportive environment for students with behavioural, communication, intellectual, learning, and physical challenges. Our students are encouraged to foster an understanding of their strengths so that they can develop a strong sense of self-worth. In addition, we provide opportunities for all students to participate in school activities so that they better understand their interrelationship with others and continue to build on their strengths. When children are valued, listened to, encouraged, understood, and believed in, they will be successful.

COUNSELLOR

St. André Bessette High School uses a holistic approach to mental health and student wellness. It is a collaborative partnership among school staff, home, parish, and community. There are four components to our counselling program: Developmental guidance instruction, responsive services, individual Student Planning, and career planning, including Career Cruising.

YOUTH WORKER

Students are able to access the support of a youth worker under the Family Wellness Program. The role of a youth worker is to provide short-term supportive assistance to students and their parents and or guardians. The youth worker operates from an attachment-based and trauma-informed perspective helping students form healthy and positive connections. The primary function of this role is to provide social and emotional support to students and to their families. The youth worker meets students and parents to assess needs, set goals, identify required supports, and to plan appropriate interventions. This is a collaborative service as the youth worker will work in partnership with school staff and other community resources to build a "village" of support around students.

COLLABORATIVE RESPONSE COORDINATOR

St. André Bessette Catholic School's Collaborative Response Coordinators deal with any specialized programs for students. They assist students, staff, and parents with building accommodated, adapted, or modified programs for students who need this, as well as building individualized program plans.

CHAPLAIN

"Put yourself in God's hands; He abandons no one." - St. André Bessette

The Chaplaincy program at St. André Bessette supports the creation of an atmosphere in which each and every student understands that God "abandons no one" and one that encourages staff and students to place their lives in the hands of their loving Creator. The Chaplain supports the infusion of the Catholic faith into the ethos of St. André Bessette High School through the organization of school Masses, religious education, retreats, social justice initiatives and faith formation opportunities for staff and students. The Chaplain's office is open and available for staff and students who need a moment from the busyness of their day and to take a breath.



CARDINAL PRIDE!



CARDINAL ATHLETICS

St. André Bessette competes competitively in the Edmonton Metro High School Athletics League. Our grade 9's compete in the Elk Island Public Schools league. Our emphasis is on skills, sportsmanship, competition, and teamwork. With each sport we field both boys and girls teams and with the growth of our new school, we would like to implement junior varsity to our high school athletics. Junior Varsity competes in the Edmonton Metro league and is only for grade 10 and 11 student athletes.



Depending on the interest and number of athletes trying out for our teams, we will be offering the following sports:

GRADE 9 TEAMS

- Volleyball
- Basketball
- Badminton
- Track and Field
- Cross Country Running Club
- Rugby
- Golf
- Curling Club

JUNIOR VARSITY

- (Grades 10-11)
 - Volleyball
 - Basketball
- Along with our competitive sports, we also offer intramural activities that occur during the lunch break. Some of the activities we do during this time are: Volleyball, Basketball, Flyback, Dodgeball, and other sports.

SENIOR VARSITY

- (Grades 10-12)
- Volleyball
- Basketball
- Rugby
- Badminton
- Track and Field
- Golf
- Rugby
- Curling
- Cross Country Running



If you are interested in being part of the Cardinals coaching staff, please email Ryan Gau (ryang@eics.ab.ca)

CLUBS & ACTIVITIES

JAPANESE EXCHANGE

Every three years in April, approximately 160-200 Japanese students travel to Alberta for two weeks. During this period they are billeted with Alberta families and attend classes in their host schools. In July, Alberta students pay a return visit to Japan to stay with Japanese families. Our school community has participated in this program since 2010 and are involved every three years giving students the opportunity to participate at some point during high school. Please see Ms. Zaleschuk for more information.

CARDINAL FITNESS CREW

The SAB "Cardinal Fitness Crew" consists of students who train in the SAB Fitness Center at flex, lunch, and after school. All students are welcome to join and no experience in a weight room is necessary. The area is populated and supervised by upper year Personal Fitness students and teachers. Come join us to pump some iron, train and learn from others, make new friends, and work towards becoming the best version of yourself.

TRAVEL CLUB

The St. André Bessette travel club focuses on providing students the opportunity to expand their horizons by experiencing cultures around the world. This trip occurs once a year, during Spring Break, providing students an opportunity to travel alongside their peers and gain independence and confidence. Student interest for travel is gauged in Spring of the year prior.

L.I.F.E. CLUB

The L.I.F.E. (Lived Inclusion for Everyone) Club is to support students who may be at-risk or marginalized that wish to create a support network that may choose advocacy, peer support, or other activities that support our inclusive Catholic community.

LEADERSHIP

The Leadership team endeavours to create an atmosphere where every student feels they have a place in our school community. Year-round activities provide students with the opportunity to participate in events and get involved! In the past, events have included a drive-in movie night, "wrap the teacher," St. Patrick's Day celebrations, Halloween activities, and school clothing orders.

GAMES CLUB

The Games Club is made up of an amazing group of individuals that game during the lunch hour. The club welcomes any interested students and is continuously growing. The philosophy of the club has always been one of inclusion, and we have been very successful in maintaining that idea. Ours is a club that accepts everybody - so please join us!

SOCIAL JUSTICE ACTION GROUP

The St. André Bessette Social Justice Action Group is an opportunity for like-minded students to get together and volunteer, both locally in their community and globally, through Mission Trips. The ultimate purpose of this club is for our students to serve and give back where they feel there is a need. Students come together to plan, organize, and take action by getting involved!

SKI TRIP

Each year interested students have the opportunity to get out and enjoy the splendour of our mountains while engaging in physical activity. All students are welcome!

YEARBOOK COMMITTEE

Each year students from all grades are needed to take pictures and prepare pages for the annual yearbook. The yearbook committee needs students with enthusiasm and creativity!

REQUIRED COURSES

All Grade 9 students are required to take Language Arts, Math, Science, Social Studies, Religion, Health, and Physical Education. A Provincial Achievement Test (PAT) is administered at the end of Language Arts, Math, Science, and Social Studies. Grade 9 students follow the same two-day timetable as Grade 10-12 students, with a few alterations. See the sample timetable below for details.

Sample Grade 9 Timetable (may vary depending on program and individual student needs)		
	Semester 1	Semester 2
Block 1	Language Arts	Mathematics
Block 2	Physical Education	Health/Religion
Block 3	Science	Social Studies
Block 4	Option 1/Option 2	Option 3/Option 4

Please note:

A student's final marks in Language Arts, Math, Science, and Social Studies determine whether the student is eligible for academic or non-academic courses in Grade 10. See the grade recommendations in the Grades 10-12 section of this handbook. See the counsellor for career planning, high school pathways, etc.

COMPLIMENTARY GRADE 9 COURSES

CHORAL 9

This course is for both novice and experienced singers - all are welcome! Students will study music theory, sight-reading, and sight-singing skills, as well as constantly improve their vocal technique. Students are encouraged to engage with music of all genres, allowing them to heighten their love for singing. Students will work as a unified group in preparation for an end of semester production.

GUITAR 9

This course offers students the chance to learn how to play the guitar. The course will teach basic guitar care, theory, chords, scales, finger picking, and tab literature. A number of styles will be explored. Independent study will be encouraged, as students will be expected to choose and practice songs that fall within their range of abilities. Students will be expected to provide their own acoustic guitar. Rental options will be available through the school.

DRAMA 9

Drama is a course for students who enjoy all aspects of theatre including movement, speech, theatre studies, improvisation, and acting. The goals of the program are that students will gain an understanding of themselves and others, develop quality communication skills, and gain knowledge of theatre as a process and art form. Opportunities will be presented to students who wish to participate in performances and productions.

MUSICAL THEATRE 9

This course gives students the opportunity to combine their passion for dancing, singing, and acting, and hone their skills in each of these disciplines. Performers will work together in preparation for an end of semester production. It will also delve into the history of musical theatre and the well known performances of past and present. Come share your love of the Fine Arts!



ART 9

A hands on class! Students learn art by making art. Students explore a wide variety of projects where they will experience different kinds of media such as: paint, charcoal, pastels, clay, and wire sculpture. Students will learn how to draw realistically, how to draw in perspective, how to use colour, and how to make 3D forms.

FASHION STUDIES 9

This is a basic sewing course intended to familiarize students with the operation of a sewing machine, reading pattern instructions, and learning correct sewing techniques (by hand and machine). Projects may include stuffed animals, purses, handbags, pants and tops.

DIGITAL DESIGN 9

Digital Design 9 gives students the opportunity to develop their awareness of visual communications through print and media design. Students will experience video broadcasting, video production and editing, graphic design, computer animation, photography, and how to create powerful visual messages.

FOOD STUDIES 9

During this introductory foods course, students will learn about the nature of food. They will learn how to select, prepare, and serve foods. Additionally, students will begin to understand “why” by learning about the composition and structure of food, function of ingredients, and the principles involved during preparation. Students will practice safe and sanitary food handling and safe use of equipment throughout the lab component of this course.

ROBOTICS ENGINEERING AND PROGRAMMING 9

Welcome to the world of Robotics and automation using VEX IQ robots. This course will cover the basics of robotics and creating autonomous robots, flow charting, event reaction using sensors, and general robotic assembly. Students will learn how robots work, how they play roles in our lives and our culture, and their role in the constantly changing world. Students should be prepared to solve problems using robotics through programming and logic. Emphasis will be on gaining knowledge of fundamental programming constructs using VEX IQ Robots.

COSMETOLOGY 9

Cosmetology is the art and science of beautifying and improving the skin, nails, hair and the study of cosmetics and their application. The topics covered are designed to assist both male and female students with their personal and self-improvement needs. This course provides a hands-on approach that introduces the concepts and applications in areas such as: hairstyling, personal grooming, hair and scalp care, as well as manicuring, skin care, and make up. Cosmetology can be taken for enjoyment, or to develop specific skills to work towards a specific career pathway.

FABRICATION & CONSTRUCTION 9

Construction & Fabrication offers exposure to both the visual communications and industrial education fields. Modules consisting of basic woods and bench metals are encountered on a rotational basis.

FRENCH 9

Pre-requisite: French 8
 French 9 continues the audio-lingual approach to the learning of a second language as experienced by students in Grade 7 and 8. This course helps students build on existing learning, and expands the student’s knowledge and attitudes.

OUTDOOR EDUCATION 9

This program is designed to assist students as they begin their journey to use the outdoors in a responsible manner. Students focus on team building to help prepare them to work together to solve problems during outdoor activities. This activity-based program will promote a healthy lifestyle and is based on the ideals of Low Impact Camping Techniques (LICT).

PERSONAL FITNESS 9

This course is designed as an introductory course for Personal Fitness. The course is experiential, meaning the focus is to experience the various components of training and fitness with less emphasis on theory. Students will experience fundamental movements and concepts related to proper warm up, mobility, resistance training, energy system development (ESD), and speed/agility/quickness (SAQ) training. Other concepts covered include basic anatomy and exercise physiology, coaching, nutrition, and injury management. Students will experience other healthy lifestyle activities and sports as well.

GRADES 10-12

COURSE OFFERINGS

St. André Bessette offers a comprehensive range of high school courses to meet the needs of every learner. We offer every core high school course available from Alberta Education, as well as a diverse range of option courses. For those students who do not find what they are looking for in our core and option course offerings, we offer a further range of courses that can be taken through Alberta Distance Learning Centre (see page 28). In addition to this, we have a robust RAP and Work Experience Program to further meet the needs of our students (see page 21).

CREDIT LOAD REQUIREMENTS

Grade 10

Students are required to carry a minimum of 40 credits, including Religious Education 15. Grade 10 students may not have a spare.

Grade 11

Students are required to carry a minimum of 35 credits, including Religious Education 25.

Grade 12

Students are required to carry a minimum of 20 credits, including Religious Education 35. Students must meet the credit requirements of Alberta Education to graduate and obtain a High School Diploma.

GRADUATION REQUIREMENTS

Course	Minimum Requirement	Credits Required
English	10, 20, 30	15
Social Studies	10, 20, 30	15
Mathematics	10, 20	10
Science	10, 20	10
Religion	10, 20, 30	9
Physical Education	10	3
CALM	CALM	3
CTS/Fine Arts/Second Language	A minimum of 10 credits	10
30 Level Courses	10 credits other than Social and English	10
76 specified credits / 24 unspecified credits		



Please Note:

- To earn the Alberta High School Diploma, a student must earn a minimum of **100 credits**.
- For 30-level courses that have a diploma examination, the final course mark consists of a blend of the school-awarded mark and the diploma examination mark.
- Students may earn any number of credits in Work Experience, but only 15 credits may be used to meet the 100-credit requirement for the Alberta High School Diploma.

INFORMATION FOR GRADE 9 STUDENTS ENTERING HIGH SCHOOL:

In creating your own personalized learning plans, each student has his/her own abilities, interests, and values. Being aware of these will help you decide what you should study in high school and what goals you should set for yourself. Take a realistic look at yourself; consider your profile on the Career Cruising you began in Grade 9.

First, consider your abilities.

Your marks in Grade 9 may be an indication of your abilities. Your chance of success in high school will be greater if you build upon abilities you already possess.

Second, review your interests.

Certain subjects are associated with certain interests. School can be more enjoyable when you study subjects you find interesting.

Third, think about the kind of person you want to be and the kind of life you want to live.

Your values play a role here. What is important to you? Once you know your abilities, interests, and values, you can set your goals and begin to plan your course of studies.

Finally, get involved!

High school life is more than just academics. For a full high school life, experience as much as the school offers. We encourage you to join sports teams, clubs, and other organized groups.



GRADUATION PARTICIPATION

In order to participate in the graduation events at St. André Bessette students must:

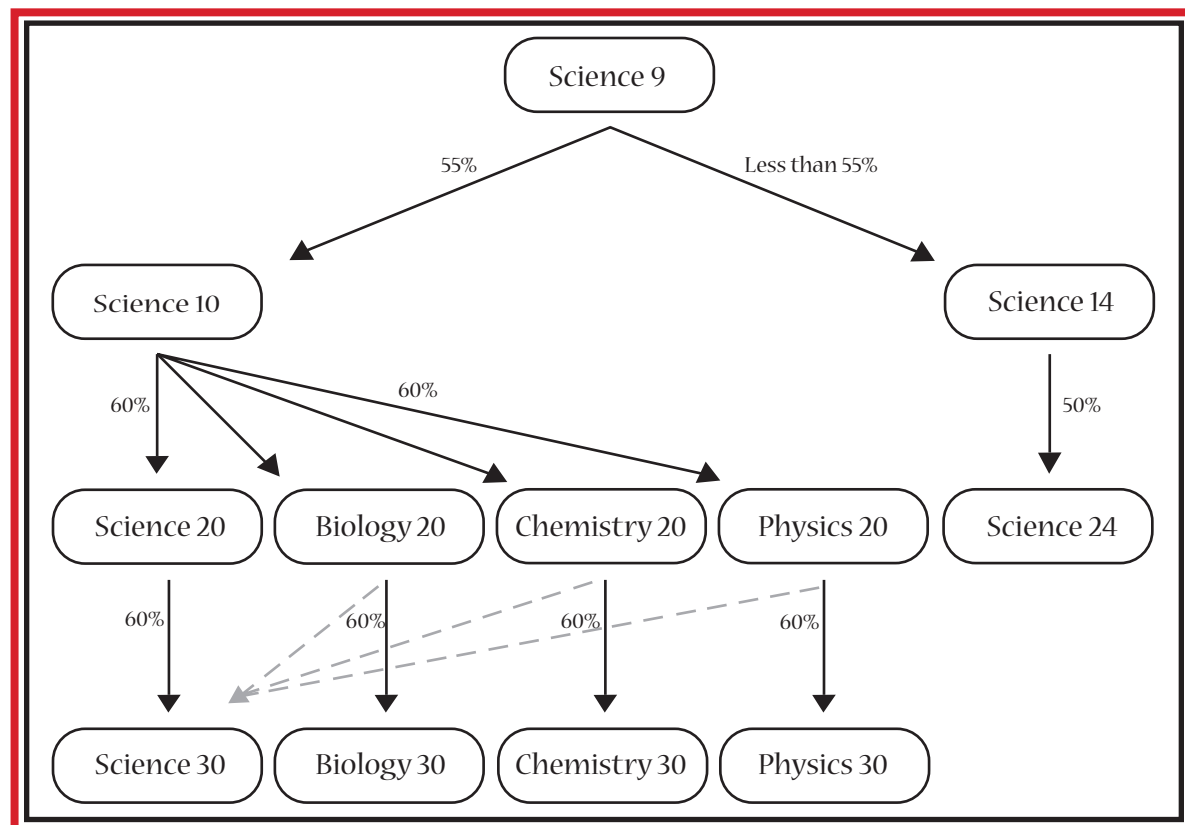
- Be enrolled at St. André Bessette Catholic School during the present year;
- Be enrolled in a minimum of 20 credits in Grade 12;
- Have successfully completed Religious Education 35, or must be enrolled and passing the course at mid-term in semester two;
- Have met all Alberta High School Diploma requirements as outlined above;
- Have paid all outstanding school fees prior to being placed on the grad list;
- Be on track to complete their high school diploma by the end of June in their graduation year.

The official graduation list will be posted following the first reporting period of semester two.

SCIENCES

SCIENCE 10/20/30

(5 Credits)
 Science 10, 20, and 30 are general science courses intended for students who want to study science without specialization. They combine the study of Biology, Chemistry, and Physics into one course. All students must take Science 10; from here they can continue on in Science 20 and 30, or specialize into Biology, Chemistry, and/or Physics. These courses are recommended for students who plan on attending university, college, and select technical school programs. Students should earn a 55% in Science 9 and a 60% in high school prerequisite courses to continue in this course sequence (see chart below). All 30-level courses in this academic course stream have a Provincial Diploma worth 30% of the final grade.



SCIENCE 14/24

(5 Credits)
 Science 14 and 24 concentrate on hands-on and practical science concepts. These courses are geared for students who do not plan on attending university, but will be entering trade schools and select college programs, and for students entering the work force directly from high school. This route satisfies the requirements for a high school diploma but does not have a Provincial Diploma Exam at the conclusion of the program.

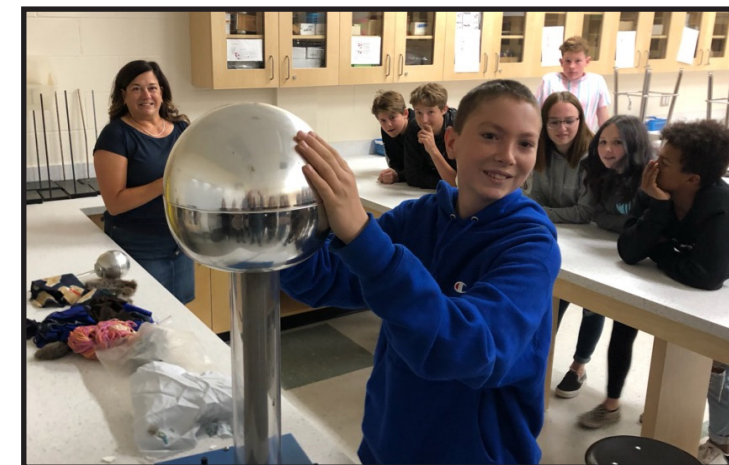
BIOLOGY 20/30

(5 Credits)
 Biology is a natural science concerned with the study of life and living organisms, including their structure, function, growth, evolution, distribution, and taxonomy. Some topics covered in Biology 20 and 30 include ecosystems and populations, human systems, cells, reproduction and development, genetics, and the nervous and endocrine systems. Biology 20 and 30 are requirements for pursuing further study at post-secondary institutions in areas such as general sciences, dental assistant, kinesiology, nursing, physiotherapy, medicine, and radiation technology.



CHEMISTRY 20/30

(5 Credits)
 Chemistry provides an ordered way of learning about the nature of matter, based on observation and evidence, through laboratory discovery and course work. Chemistry 20 and 30 courses explore the science of fizz, pop, flame, and BOOM! through the study of bonding, gases, solutions, acids and bases, titration, thermodynamics, electrochemistry, equilibrium, and organic chemistry. Chemistry 20 and 30 are recommended for students who plan on entering a science-based post-secondary field such as animal studies, IT and electronics, engineering, nursing, sciences, and trades.



PHYSICS 20/30

(5 Credits)
 Physics is the study of matter, energy, and the interactions between them. Students may wish to take Physics 20 and 30 if they have a desire to investigate and understand how things work, and have a strong mathematical background. Physics 20 and 30 is recommended for students who plan on entering post-secondary fields such as power-engineering, ultrasound and x-ray technician, engineering, and medicine.



MATHEMATICS

ENGLISH LANGUAGE ARTS

Don't know which mathematics route is best for you?

Consider taking:

MATHEMATICS -1

(5 Credits)

Do you want to study mathematics or sciences at a university, college, or technical institute and go on to a related career? This route is for students who plan on entering post-secondary programs such as engineering, mathematics, sciences, some business studies, or other programs that require advanced math skills. This sequence is a co-requisite for Mathematics 31 and may be required for post-secondary calculus courses.

MATHEMATICS -2

(5 Credits)

Do you want to attend a university, college, or technical institute after high school, but do not need calculus skills? This route is for students who plan on studying at the post-secondary level in diverse fields, including arts programs, some engineering technologies, medical technologies, and some apprenticeship programs. This path will fulfill most students' needs. Mathematics -2 is designed with a great deal of flexibility, so that the student may switch sequences in Grade 11 or 12 if his or her interests change.

MATHEMATICS -3

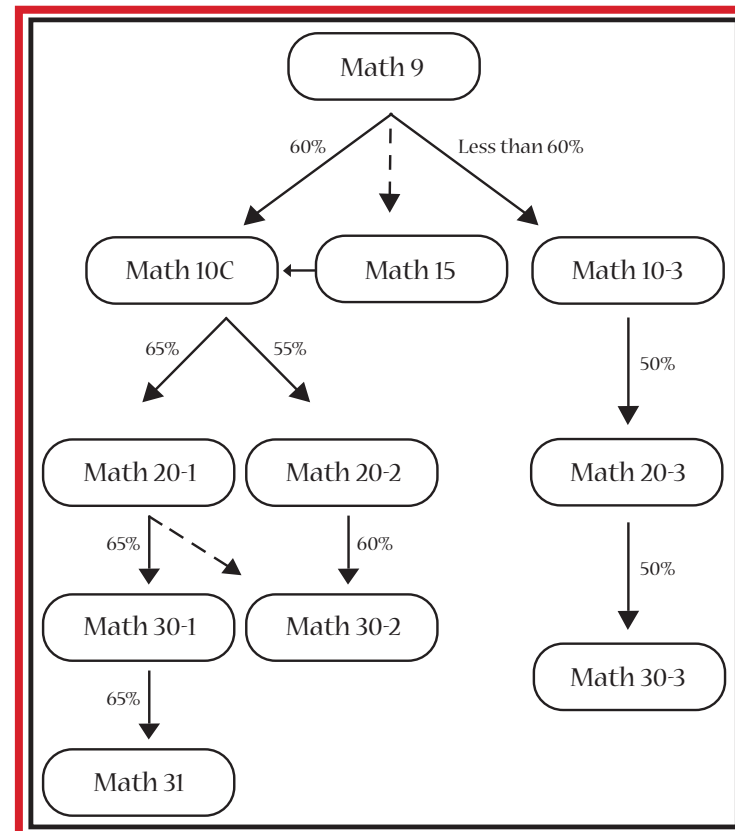
(5 Credits)

Are you interested in learning the mathematics needed to enter most trades or will you be entering the work force after high school? This route is for students who plan to apprentice in a trade or enter the work force directly after high school. It is designed to meet the entrance requirements for apprentices in most trades programs.

MATHEMATICS 15

(5 Credits)

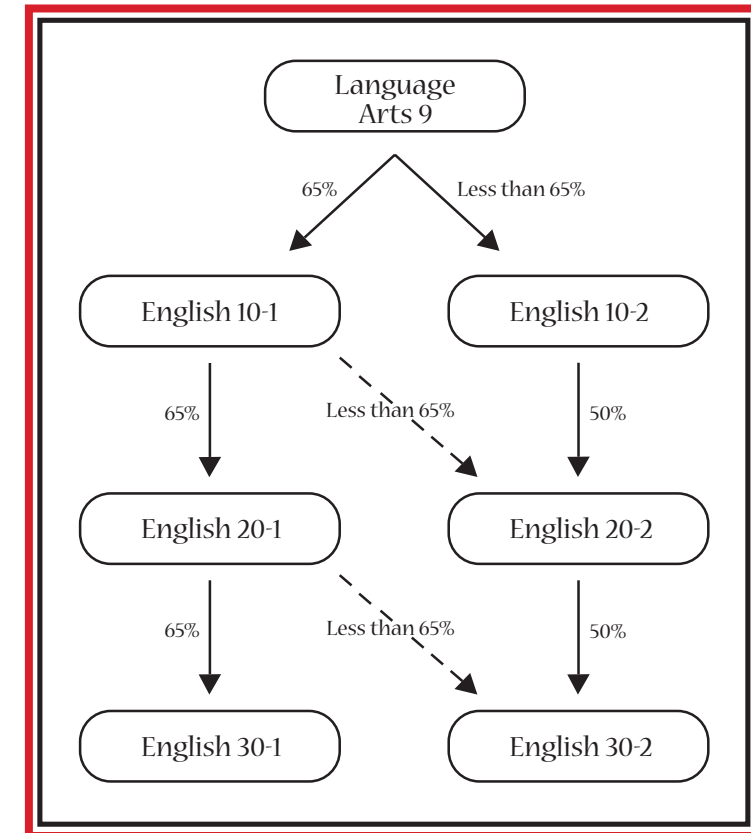
Math 15 is a preparation course for Math 10-C. It is intended for students who have successfully passed Math 9, but are looking for more time to develop/refine the necessary skills required for Math 10-C. In this 5 credit course, students will not only practice prerequisite numeracy skills required for high school math, but will also start looking at some outcomes in the Math 10-C course. This course will help students build confidence in their mathematical abilities and help develop a positive attitude towards the subject. After successfully completing this course, students will then enter into Math 10-C.



10-1/20-1/30-1

(5 Credits)

In the academic stream of English Language Arts students will study, in depth, the literary genres of modern drama, short story, novel, Shakespearean drama, film, essay, and poetry. Along with these in-depth literary studies, student expectation to respond critically and personally to these texts becomes progressively more advanced in preparation for university. A variety of writing, reading, and project based assignments are designed to strengthen comprehension and communication skills. The academic stream is a rigorous course designed for students who want to gain university entrance. Students who wish to register in this stream should achieve a 65% or higher in English 9 and a 60% or higher in their high school pre-requisite courses (see chart below). At the 30-1 level, students will be required to write a two-part Provincial Diploma worth 30% of their final mark.



10-2/20-2/30-2

(5 Credits)

This functional stream of English Language Arts is designed for students who do not plan on attending university or for students who struggle with the course content of English Language Arts. A variety of literature, print, and visual texts will be studied in order to further develop students' reading and writing skills. Students may be able to use this course for SPECIFIC post-secondary entrance. At the 30-2 level, students will be required to write a two-part Provincial Diploma worth 30% of their final mark.

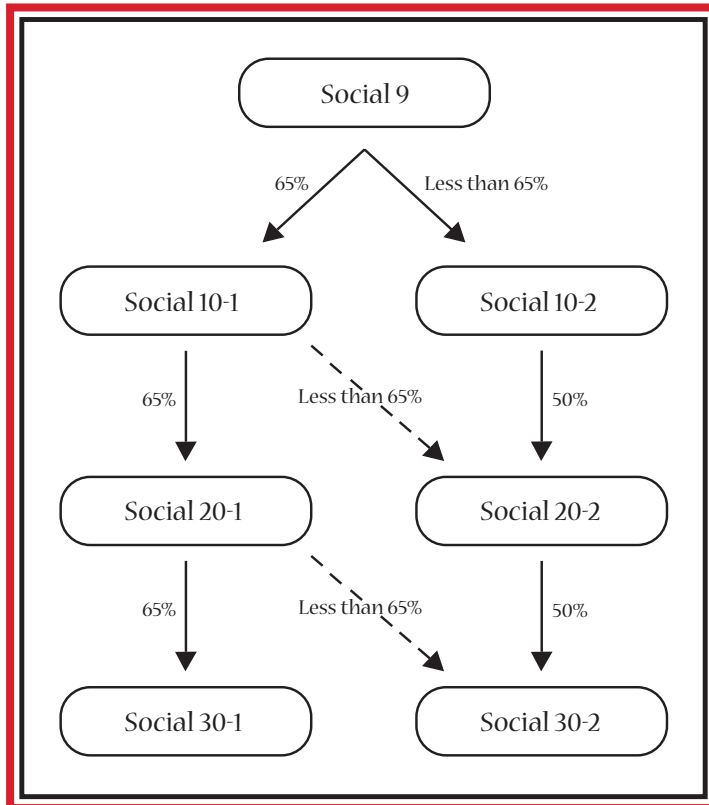


SOCIAL STUDIES

10-1/20-1/30-1

(5 Credits)

In the academic stream of Social Studies students will acquire, analyze, and evaluate information about the history of the world beginning with the Age of Discovery to the Modern day through the lens of globalization, nationalism, and ideologies. Students will be trained to apply this material to many different examinations in preparation for post-secondary programs. Students will gain an appreciation for the greater world issues and gain an in-depth knowledge of how these issues affect their lives and society. Students are expected to work through the content at a higher standard, and emphasis will be placed on the ability to create and defend a position with evidence and understanding of the course content. There will be an emphasis on formal humanities-style writing. Students should earn a 65% in Social 9 and a 60% in high school prerequisite courses in order to continue in this course stream (see chart below). Social Studies 30-1 includes a Diploma Exam worth 30% of the final mark.



10-2/20-2/30-2

(5 Credits)

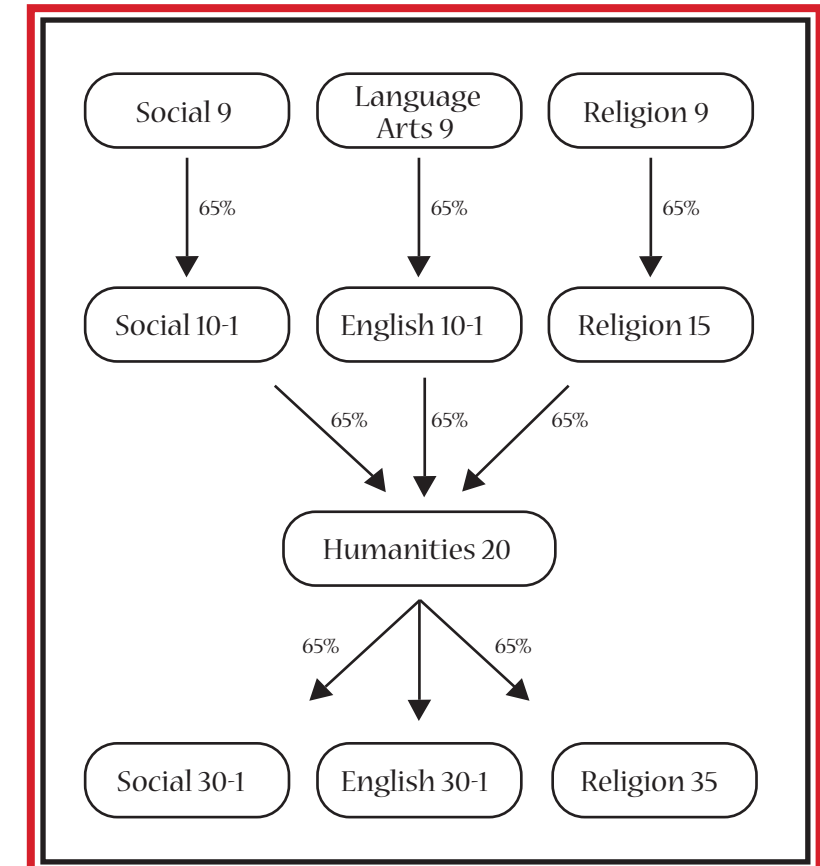
This functional stream of Social Studies is taught in a manner that is more accessible for students that are less interested in Social Studies or do not plan on attending university or select college programs. This stream is geared mainly for students attending select college programs or technical school programs, and for students entering the work force directly after high school. The information and class content is very similar to that of the Social Studies -1 stream, however the evaluation of the curriculum is different and the study of material is less intense. This stream offers students a diploma route that emphasizes hands-on learning, more oral discussion, and a de-emphasis on rigorous exams and formal writing. Social Studies 30-2 includes a Diploma Exam worth 30% of the final mark.

HUMANITIES

HUMANITIES 20

(13 Credits)

Humanities 20 is a 13-credit course scheduled in a 10-credit time slot. Students will take the course for a full year, with one five-credit block each semester. Humanities 20 will incorporate the skills and understandings expected of both Social Studies 20-1 and English 20-1, as well as Religion 25. The overarching understanding for the course is the ideal of the human person. The Social Studies 20-1 curriculum focuses on nationalism and how this defines humanity, which will be explored in depth through literature, utilizing the six arts in the English Language Arts curriculum: reading, writing, speaking, viewing, listening, and representing. Students will build their communication skills by responding to texts both critically and creatively. Written and oral expression will focus on formats and topics that are foundational to both Social Studies 20-1 and English 20-1. Furthermore, the course teachings and texts will be thoroughly integrated with the Religion 25 curriculum, which will allow for students to deepen their understanding of the life and teachings of Jesus Christ through primary and secondary sources, as well as to understand these teachings in both historical and literary contexts.



RELIGIOUS EDUCATION

Religious Education is an essential part of all student programs at St. André Bessette Catholic School. Students are required to successfully complete Religious Education at each grade level. In addition, students are required to complete 10 hours of volunteer service work at each grade level, with the encouragement to complete more for additional credit. In order to participate in graduation ceremonies, students must have successfully completed Religious Education 35, or be passing at mid-term in the final semester of grade 12.

RELIGIOUS EDUCATION 15

(3 Credits)

The aim of this course is to assist students, with the help of the Gospel, to participate as Christians in the shaping of our culture. The program explores major cultural issues from a Christological perspective. Beginning with their own life experiences, students acquire a deeper and more systematic knowledge of themselves, Christ's message, and the Church. Connections between the Church and contemporary culture are explored in terms of what it means to be a responsible adolescent disciple developing as a member of a Catholic Christian community while living within the context of a broader culture.

RELIGIOUS EDUCATION 25

(3 Credits)

This course invites students to deepen their relationship with Jesus through a prayerful study of Scripture. Students will explore the Jewish historical, religious, and cultural world into which the Messiah was born and the Old Testament covenants fulfilled. Using the Gospels as primary sources, the course explores Jesus' birth, early life, and ministry; his preaching of the Kingdom of God; his teachings and miracles. It focuses on the events of Jesus' death, resurrection, and ascension – looking to their central significance in the Church's understanding of Jesus as the Christ, the Son of God.

RELIGIOUS EDUCATION 35

(3 Credits)

This course challenges students to understand themselves as moral persons called to discipleship by living the way of Christ. Through an examination of ethical theories, the revelation of sacred Scripture, and the lived experience and teaching of the Catholic Church, the course invites students to mature as active participants in their faith. At the heart of catechesis is the human search for happiness as the completion of the superabundant love of God. This course encounters the tension between the revelation of God's love to humankind and explores our response through human reason - particularly in the areas of freedom, justice, human relations, ecology, reconciliation, community and political life.

PHILOSOPHIES OF MAN

(6 Credits)

Designed equally for students thirsting for greater exposure to the social sciences, and for students who may require a stronger foundation for Social 30-1, Philosophies of Man offers a unique blend of world history, world religions, philosophy, international relations, comparative governments, economics, and ethics. Students will have the opportunity to engage each other and grow in their ability to have critical dialogue on important issues facing our world today. After completing this course, students will earn credit for completing the World Religions 30 and Philosophies of Man 30 course in the Program of Studies. This course is open to students in grades 11 and 12.

PHYSICAL EDUCATION

PHYSICAL EDUCATION 10

(3 or 5 Credits)

This course places an emphasis on developing and refining skills of familiar sports as well as an introduction to unique recreational games. Attention is given to the basis of skill development and understanding strategies common to many different sports, and an examination of physical fitness practices and the theory behind them. Sportsmanship and respectful interaction between students, wellness, and active lifestyle concepts will also be covered. All classes are co-educational.

PHYSICAL EDUCATION 20

(5 Credits)

The goal of the Physical Education 20 course is to enable students to further develop and master the knowledge, skills, and attitudes necessary to lead an active, healthy lifestyle through a variety of activities in games, individual activities and alternative environments.

PHYSICAL EDUCATION 30

(5 Credits)

Successful completion of this course will prepare students for a life-long commitment to physical fitness and well-being. Completion will also prepare students for the challenges of post-secondary education in this field.

EARLY BIRD PE 10/20/30

(5 Credits)

Students can take PE 10, 20, or 30 off schedule. The class will meet Tuesday, Wednesday, and Thursday mornings from 7:00-8:00 am and runs from September to June. This class includes all the opportunities and sports offered in regular Phys Ed classes, but also allows us to do sports such as golf, canoeing, hiking, and mountain climbing. Each year the class goes on a camping trip at the end of May/start of June for three days in the mountains.

PERSONAL FITNESS

PERSONAL FITNESS 10

(5 Credits)

In this course, students will apply basic training and movement principles to health-related and performance-related components of fitness training. The major vehicle to investigate these concepts will be Resistance Training focussing on coaching and performing fundamental movement patterns. Other topics will focus on basic concepts of mobility, energy system development, program development, and injury management. All of these concepts will be integrated into "lab" experiences in a training environment. Students can expect to be able to design their own training program, and be competent to critically evaluate other types of training programs. Students should ideally have an interest in the field of health and wellness as well as be disciplined in a self-directed style of learning.

PERSONAL FITNESS 20

(5 Credits)

In this course, students will continue to develop their knowledge and understanding of basic training and movement principles to health-related and performance-related components of fitness training. Students' competency with Resistance Training will evolve with a focus on group exercise trends, a deeper investigation of core musculature and its training, and nutrition related to sport, recreational activity, and training. Other topics will include further investigation and experience with energy system development, mobility, program development, and exercise leadership/coaching. All of these concepts will be integrated into "lab" experiences in a training environment. Students can expect to be able to design their own training program, be able to lead a group through an efficient and effective training session, and be competent to critically evaluate other types of training programs.

PERSONAL FITNESS 30

(5 Credits)

In this course, students will investigate and experience high performance variables associated with health and fitness related components of physical training. Students' competency with Resistance Training will continue to evolve with a focus on SAQ (speed, agility, and quickness), a deeper investigation of mobility and its training, and a thorough experience with ESD (energy system development). All of these concepts will be integrated into "lab" experiences in a training environment. The topic of Periodization will be covered, which ties together all of the concepts taught in Personal Fitness 10, 20, and 30. Students can expect to be able to design their own holistic training program, including warm up, mobility, SAQ, resistance training, ESD, cool down, and injury management.

PERSONAL FITNESS ENHANCED 10/20/30

(10 Credits)

Personal Fitness ENHANCED is a 10 credit course that spans both first and second semesters. The course is designed to provide a 10-month experience of immersive training. The theory component will cover two sections of Personal Fitness based on the level the student is currently at (either 10+20, 20+30, or multiple levels of 30). The practical component is comprised of 32 weeks of fully periodized training program. The program will include the following: warm-up and cool down, mobility of major joints, six weeks of all four phases of training (anatomical adaptation, hypertrophy, strength, and power), eight weeks of more advanced training, ESD (energy system development), core training, SAQ (speed/agility/quickness), and injury management.

ART 10/20/30

(3 or 5 Credits)

In Art, students will develop an appreciation and understanding of design, drawing, painting, printmaking, sculpture, stained glass, and art history. Students will learn the fundamentals of art and will have the opportunity to explore a variety of art making mediums, techniques, and styles. Art 20 and 30 encourages students towards greater proficiency and self-expression through visual media. Budding artists are encouraged to develop their own personal style through research and practical studio work. Originality of design and idea are emphasized with a personal portfolio of work which serves as the final product for the course.

GUITAR 10/20/30

(3 Credits)

This course offers an in-depth study of Western music with a focus on the guitar. Students will be divided into three levels: Beginner, Intermediate and Advanced. From there, students will work in small groups on improving their playing ability within their level of proficiency. Topics of study will include theory, music making, a history of Western guitar music, pop (rock) music, and composition. Independent study will be encouraged, as students will be expected to choose and practice songs that fall within their range of abilities. Students will be expected to provide their own acoustic guitar. Rental options will be available through the school. Bottom line: If you want to learn for the first time, or you've been shredding since you could hold your first axe, this is the class for you.

DRAMA 10/20/30

(3 or 5 Credits)

Students will develop self-confidence and discipline along with learning the dramatic aspects of movement, speech, and theatre craft. Students will engage in acting and improvisation, as well as strengthening their ability to analyze character motivations and directives. Opportunities will be presented to enthusiastic students who wish to participate in performances and productions in school and at the Shell Theatre.

TECHNICAL THEATRE 10/20/30

(3 or 5 Credits)

As actors create brilliantly believable roles, the production team collectively designs a visually stimulating and moving show piece that fully supports and enhances those believable roles. Technical Theatre is an integral part of making a drama production successful. Possible components of study include: costume design, lighting, stage make-up, hair, management (business/house/stage), properties, set and sound. If you would like to be a part of the St. André Bessette Drama Program join Technical Theatre!

CHORAL 10/20/30

(3 Credits)

This course is for both novice and experienced singers- all are welcome! Students in Choral 10 will continue to build upon their vocal technique and music theory skills, while also engaging with various musical pieces and genres. Students will work as a cohesive and unified group in preparation for an end of semester production.

MUSICAL THEATRE 10/20/30

(3 Credits)

This course offers students the opportunity to combine their passions for dancing, singing, and acting, and hone their skills in each of these disciplines. This course will focus on creating camaraderie and a positive environment amongst performers who will work together in preparation for an end of semester production. It will also delve into the history of musical theatre and the well known performances of past and present. This fun, active, and energetic course is open to all novice or experienced performers who wish to share their love of the Fine Arts!

COMPLIMENTARY COURSES

FRENCH AS A SECOND LANGUAGE

The high school course structure for French as a Second Language is French 10-9Y, French 20-9Y, and French 30-9Y. In these courses, 9Y refers to years of FSL from start to finish. This means students who started FSL in grade four will have completed nine years of study by the end of grade twelve.

FRENCH 10-9Y

Pre-requisite: French 9
(5 Credits)

This course is designed for students who have elementary and junior high background in French. Students will engage in various language activities in structured contexts to develop fundamental written and oral skills. The focus is on comprehensible and accurate usage of verb tenses and vocabulary building.

FRENCH 20-9Y

Pre-requisite: French 10
(5 Credits)

Students will continue to use a multidimensional approach to develop knowledge of French vocabulary, grammar, and culture. Engaging in grade level specific language activities in structured contexts will enable all students to develop advanced written and oral skills. Themes include the senses and feelings, fads and fashions, close friends, and consumerism.

FRENCH 30-9Y

Pre-requisite: French 20
(5 Credits)

After having studied French through elementary, junior high, and high school, students will have the opportunity to put all of their knowledge into practice. Topics covered will include the world of work, travel and tourism, the role of the media, and conservation and the environment. Students will have many opportunities to practice communicating with one another through various forms of technology. Focus will be given to coherence in written and spoken forms as well as the conditional tense.



DIGITAL DESIGN 10/20/30

(3 or 5 Credits)

Digital Design is a course that will educate students on the always changing digital world, as well as provide hands-on experience with industry standard software and equipment. The course covers a wide range of areas, so it appeals to a diverse group of students. Topics covered in Digital Design classes include graphic design, animation, audio/video production, and web design.

BROADCASTING 10/20/30

(5 Credits)

This introductory course will explore digital video and television production. Students will learn on professional equipment in a modern digital TV studio. They also gain experience with industry standard video editing software. Students will work in collaborative teams to produce projects using cameras, while learning the basics of studio and field production, lighting and sound. Special emphasis is placed on creativity and the writing process.

FABRICATION AND CONSTRUCTION 10/20/30

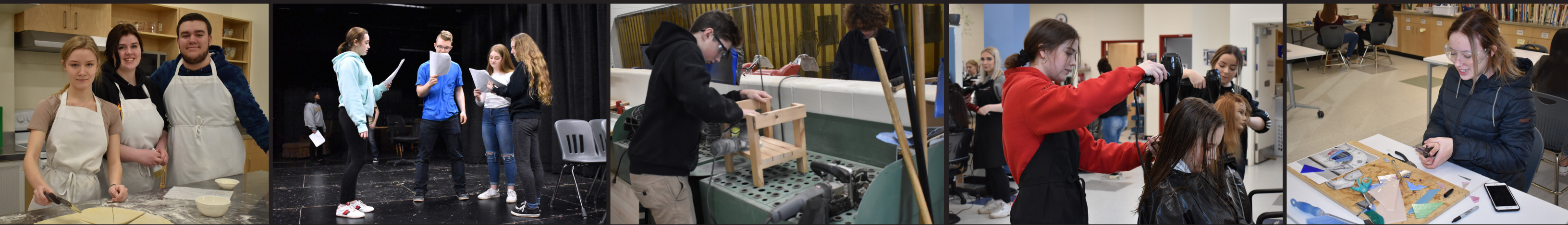
(5 Credits)

Students will develop the knowledge, skills, and attitudes relative to the design and construction of wood and metal products. They are provided with a broad base of relevant theory and practice that builds daily living and career specific skills. Successful completion of courses in this strand is intended to provide students with the skills and experience required for entry-level employment or for further post-secondary education. Skills as a carpenter or welder are valuable for personal use or in preparation for a variety of careers. Students will review general safety practices as well as measurement and drafting assignments. Students will be required to demonstrate safe work practices before entry to the lab will be permitted.

ROBOTICS ENGINEERING AND PROGRAMMING 10/20

(3 Credits)

In grade 10 Robotics, students will use the Vex IQ as their robotic platform, and ROBOTC as their programming language. Students will develop their robotics knowledge by completing a number of tasks designed to incorporate various sensors, variables and constants, and different programming structures to demonstrate their knowledge and expand their understanding. In the end, students will be prepared to program in VEXcode V5 Text for the VEX V5 EDR Robotics System used in Robotics 20 and 30 and for competitions.



PHOTOGRAPHY 10/20/30

(5 Credits)

Photography 10, 20, and 30 helps students develop the knowledge and skills needed to create, set up, capture and use effective and meaningful images. Students will explore the basics of image acquisition, management, composition, manipulation, and editing. Students enrolled in the course will have access to DSLR cameras and photography equipment. If you have an interest in computers, cameras, and photography this is the course for you!

FASHION STUDIES 10/20/30

(3 Credits)

If you love the idea of creating your own accessories and clothing, then Fashion Studies is the course for you! This course involves the study of clothing and textiles within the fashion industry, life skills, and personal creativity. In Fashion 10/20/30 students have the opportunity to choose from many different modules, allowing them to create projects and learn skills that interest them.

FOODS 10/20/30

(5 Credits)

Each Foods class consists of 5 courses taken at the introductory, intermediate, or advanced level. As the students progress through the courses they become less dependent on the teacher for direction and actively manage their own learning. By developing basic, integrated, and career specific knowledge, skills and attitudes in the context of foods, students will have the ability to adapt to the challenges of change with increased flexibility and confidence.

COSMETOLOGY 10/20/30

(5 Credits / Also available as 10 credit double-block for 20/30)

Cosmetology is the art and science of beautifying and improving the skin, nails, hair and the study of cosmetics and their application. The topics covered are designed to assist both male and female students with their personal and self-improvement needs. This course provides a hands-on approach that introduces the concepts and applications in areas such as: hairstyling, personal grooming, hair and scalp care, hair coloring, haircutting as well as manicuring and skin care. Cosmetology can be taken for enjoyment, or to develop specific skills to work towards a specific career pathway. All HSA (Hairstyling Apprenticeship Courses) can be applied to the 42 required credits for post-secondary training.

CAREER AND LIFE MANAGEMENT (CALM 20)

(3 Credits)

All high school students in Alberta are required to complete CALM 20 to earn a High School Diploma. The primary objectives of the course are to help the student to develop a positive self-concept and an understanding of personal interests, values, aptitudes, and abilities; to promote independent personal management by developing the ability to make choices and accept challenges; to develop an understanding of health as a resource for everyday living; to develop knowledge about career options; to develop the ability to deal with feelings; and to develop an awareness of sexuality, its implications and the choices related to it.

GENERAL PSYCHOLOGY 20

(3 Credits)

This course is designed to develop the understanding and skills that make it possible for more effective living in our complex environment. Attention will be focused on the social approaches to understanding human behaviour so that students may appreciate more fully the reasons that underlie their own actions and the actions of others. Topics of study include personality, behaviour, intelligence, influences on behaviour, and understanding and perception. This course is designed as a basic introduction to the field of psychology.

ASTRONOMY 15/25

(6Credits)

What's up with space? Students will learn how to use a telescope to study the day and night sky. Through technology and hands on projects, they will understand how stars are formed, and interactions among the Earth, solar system, galaxy and universe. Expedition to Mars? Students will explore the advancement of science and practical applications of space exploration now and in the future. Pre-requisite: Successful completion of Science 10 and Math 10.

PEER MENTORSHIP

(3 Credits)

Students will learn about the characteristics of positive mentoring relationships in their personal lives and society. The program explains and develops the relationship between mentor and mentee. Students will build a personal profile to prepare them for their role as mentor and demonstrate mentoring skills while engaged in a mentoring relationship.

OUTDOOR LIVING

(3+2 Credits)

With increasing public interest in wilderness locations for recreation and leisure, there is also an increased demand for people to have a working knowledge of what to do in case of an emergency situation. By educating students to understand why we plan for a safe trip but also prepare for emergency situations, we increase the chance of everyone coming back from an outdoor excursion safely. Students enrolled in this course will earn three credits in class with the opportunity to earn two additional credits by participating on an outdoor excursion in late May. In order to participate on the outdoor excursion, students must pass the first aid course run during Phys Ed 10, and have passed the CTS module *Outdoor Survival Skills (WLD 1130)* covered during the in-class portion of the course.

WORKPLACE SAFETY SYSTEMS (HCS 3000)

(1 Credit)

Students gain the attitudes, knowledge, and skills related to workplace health and safety and examine relevant legislation required in the workplace. This course is the pre-requisite for participating in Work Experience 10/20/30 and the Registered Apprenticeship Program (RAP) and is offered in CALM 20.

WORKPLACE SAFETY PRACTICES (HCS 3010)

(1 Credit)

Pre-requisite: HCS 3000

Students explore workplace safety principles and practices, and apply these principles and practices to a variety of contexts. This course is recommended for students entering the Registered Apprenticeship Program (RAP) and is offered in CALM 20.

GREEN CERTIFICATE

(5-16 Credits)

Pre-requisites: HCS 3000 and AGR 3000

The Green Certificate Program is an industry driven agricultural training program. Its apprenticeship style of delivery ensures that participants learn through actively performing the skills required. This means learning, hands-on, out in the barn, field or corral and getting dirty. It also means having a trainer who is knowledgeable and interested in the trainee's success. There are several areas of study: Beekeeping, Cow/Calf, Dairy, Equine, Feedlot, Field Crop, Green House Technician, Irrigated Field Crop, Sheep and Swine. Alberta Agriculture, Food & Rural Development (AAFRD) works in partnership with the agriculture industry and Alberta Education to offer Green Certificate to all Albertans.

WORK EXPERIENCE 15/25/35

Pre-requisite: HCS 3000

(3-10 Credits)

Work experience students will participate in meaningful work following placement at one of a wide range of stations in Fort Saskatchewan. Interested students shall meet with the Work Experience coordinator early in the semester and receive the Work Experience Handbook.

REGISTERED APPRENTICESHIP PROGRAM (RAP)

Pre-requisite: HCS 3000

(5-40 Credits)

The Registered Apprenticeship Program (RAP) provides an exciting opportunity for students to explore the world of work. Students who have a keen interest in a trades career will be placed at a work site for half of their grade 11 and 12 years. High school credit and apprenticeship hours can be earned while working in one of the over 50 available trades in Alberta. Under the guidance of a Journeyman, students are afforded the unique opportunity to begin a career while still in high school. For further information, contact the RAP Coordinator. A RAP apprentice must be paid at least minimum wage (usually more) and Alberta Education is responsible for worker's compensation coverage for RAP apprentices. The first 1000 hours go toward a first year apprenticeship program at NAIT or SAIT. St. André Bessette is blessed by a number of community partnerships which allow our students to engage in RAP placements.

STUDENT AWARDS

ATHLETIC AWARDS

HONOUR ROLL

The criteria for the St. André Bessette Honor Roll is:

Grade 9

Students must achieve an average of at least 80% in the following courses:

- Four core courses AND
- Religion AND
- One other course.

Grade 10, 11, and 12

Students must achieve an average of at least 80% in the following courses:

- Three core courses AND
- Religion AND
- One other 5 credit course OR two 3 credit courses OR two three credit CTS courses (six 1 credit modules)

Note: All averages must be a firm 80% or better. There is no rounding up. Students must not have failing grades in any other courses. Please note that the St. André Bessette Honour Roll criteria does not directly reflect the Provincial Rutherford Scholarship criteria.

St. André Bessette Catholic School has a comprehensive Awards Program that is both school-based and community supported. Students can earn awards in many categories.

RUTHERFORD SCHOLARSHIP

The scholarship has a maximum value of \$2,500 and is based on scholastic achievement in Grades 10, 11, and 12. Applicants must be Alberta residents, be enrolled full-time in a post-secondary program of at least one semester in length, or be an apprenticeship student. Students must apply by May 1 for post-secondary studies starting in September, or by December 1 for post-secondary studies starting in January. Visit alis.alberta.ca/scholarships for a list of frequently asked questions regarding courses and view sample assessments.

Each year in June, after the conclusion of all school sponsored athletic activities, the Athletic Department hosts an "Annual Athletic Awards Event." This event recognizes all of our athletes who have chosen to participate in the variety of extra-curricular athletic programs offered at our school. At this celebration, individual activity and team awards are presented, as determined by the Athletic Department, and selected by the respective coaches.



STUDENT AWARDS INCLUDE:

Grade 9

- Core subject awards
- Religion award (\$50)
- Award for dedication and perseverance (\$100)

Grade 10

- Religion award (\$75)
- 1st and 2nd Honours (2 x \$100)
- 3rd and 4th Honours (2 x \$25)
- Award for dedication and perseverance (\$100)

Grade 11

- Religion award (\$75)
- 1st Honours (\$300)
- 2nd Honours (\$250)
- 3rd Honours (\$200)
- Award for dedication and perseverance (\$100)

Grade 12 (abbreviated list)

- Religion award (\$100)
- Core subject awards
- Physical Education award (\$250)
- Biology/Chemistry/Physics award (\$200)
- Scholarships and Bursaries totaling over \$10,000

Special Awards

- Leadership award (\$100)
- Art award (\$150)
- Drama award
- Communication Technology award (\$100)
- Creative Writing award
- Art Special Projects award (\$150)
- Construction award (\$300)
- Technical Education award (\$100)
- Award for dedication and perseverance (\$200)
- Citizen of the Year (2 x \$100)



**"Put yourself in God's hands;
He abandons no one."**

- St. André Bessette

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